



Fellowship Circle Winter 2023


AHF's Fellowship Circle is a highly curated and tailored 10-week program designed by and for self-identifying Black, Indigenous and women of colour in Canada looking to invest in their future. The program provides small group mentorship, networking and career readiness labs.



Fellows Impact


45

Participants accepted into the program



93%


Completed the program



With representation from


20

Postsecondary institutions




5

Provinces



100%

Would like to participate in future programs or events organized and hosted by AHF




94%

Would recommend the Fellowship Circle program to a friend




94%

Had a quality experience



94%

Were satisfied with the Fellowship Circle 10-week experience



94%

Found the AHF team to be responsive, helpful and welcoming



*5-point likert scale (% with strongly agree and agree ratings)

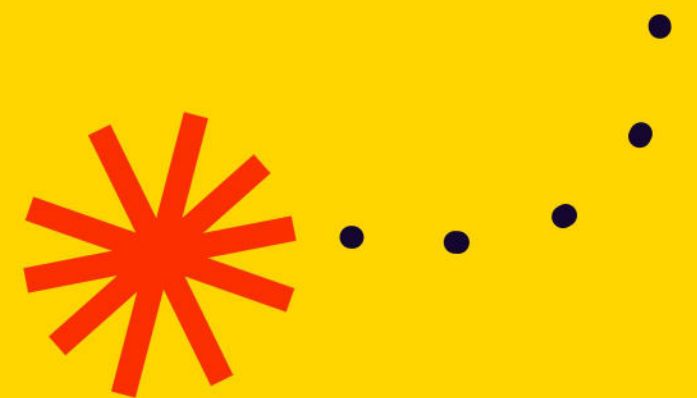


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“Being an international student and mostly having classes online, I was clueless about how to navigate through both professional and personal life in Canada. Then I found AHF, applied, and I became part of the Fellowship Circle. AHF has made me look forward to Thursday evenings just like a school kid looks for her recess break. AHF community is the best any individual can wish to be part of. It provided me with a place where I feel heard, respected, and most importantly, seen and understood. I met amazing Mentors, Fellows, and organizations through different sessions. Group Mentoring and Career Learning Labs are gems. I have grown from being skeptical about my journey to being equipped with required resources which will guide me through traversing my journey in Canada. I am extremely grateful for all the relationships that I formed, the knowledge that I gained, and all the memories that I made. Lots of love AHF.”

Devika Padam

AHF Fellow 2023



As a result of the Fellowship Circle...

100%



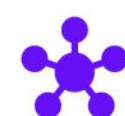
Had greater access to a supportive & inclusive community of peers and professionals where they could bring their whole self

100%



Had greater opportunities to network with other Black, Indigenous and women of colour

94%



Feel more confident about their networking skills

94%



had greater access to mentorship by other Black women, Indigenous women or women of colour who are in business or STEM

94%



had greater access to career learning opportunities tailored to their needs as a Black, Indigenous or women of colour

94%



Are more aware of job opportunities

89%



feel more confident and equipped about navigating their career development

89%



have an optimistic outlook about their career journey





100%

Connected with other
Fellows on LinkedIn



100%

Connected with
Mentors on LinkedIn



100%

have connected with 3
to 7+ peers and industry
professionals on
LinkedIn since starting
the program

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“Prior to starting I thought the atmosphere of the fellowship would be extremely rigid and like I had to continuously put on a professional face, but after orientation I realized it wasn't going to be like that. AHF provided the perfect space for women to speak to one another comfortably and share thoughts without feeling judged. I was able to learn a lot during the fellowship and genuinely enjoyed my Thursday's nights since it provided a safe space to de-stress from midterms and assignments!”

Grace Cha


AHF Fellow 2023



Mentors Impact

30


Mentors in the program



With representation from


27

Organizations



6


Provinces



Years of Experience




100%




Were satisfied with the Fellowship Circle 10-week experience

100%




Would recommend the Fellowship Circle program to a friend

100%




Had a quality experience

100%




Found the AHF team and staff to be responsive, helpful and welcoming

92%



Had access to a supportive and inclusive community of peers and professionals where they could bring their whole self

92%



Better understand the value of reciprocal mentoring with Black, Indigenous and women of colour

*5-point likert scale (% with strongly agree and agree ratings)

100%

Connected with other
Mentors on LinkedIn

100%

Connected with
Fellows on LinkedIn

“

“The Fellowship Circle is a strong community of individuals focused on supporting and uplifting each other. I wish a community like this existed when I first started my career, but even now being a seasoned career professional, the things I've learned throughout this experience and the language I've added to my vocabulary are truly priceless. This experience has brought to the forefront for me what kind of leader I want to continue to be and what kind of champion I want to be for the BIPOC community, and it's in huge thanks to the AHF team for re-lighting this fire within me, and for that I'll be eternally grateful.”

Safina Hussein

AHF Mentor 2023







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“The most meaningful part of the program for me was the weekly fellowship circles, where we had an opportunity to connect with different fellows and mentors. I learned so much about everyone's unique lived experiences and loved engaging with empathy and non-judgment. I'm very grateful to the whole AHF community for such a rich learning experience and truly embodying the principles of reciprocal mentorship.”

Jasleen Manhas
AHF Mentor 2023

Fellowship Circle Wrap-Up Celebration Event

85	Registered	
68	Attended	
72	Networking Meetings	
347	Total Chat Comments	



Thank you to our Fellowship Circle 2023 Corporate Partners



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