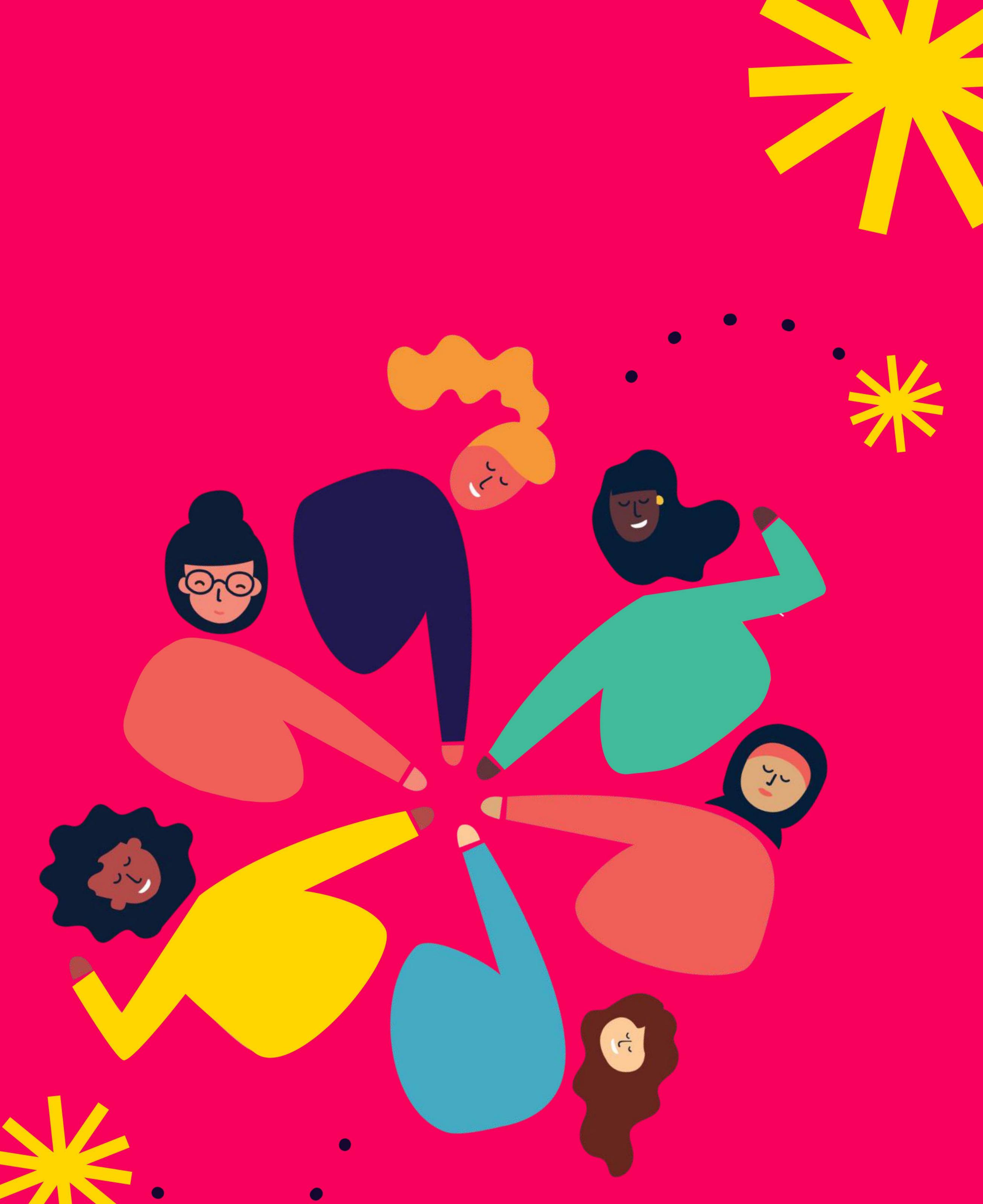




## Fellowship Circle Winter 2024

AHF's Fellowship Circle is a highly curated and tailored 10-week program, designed by and for Indigenous, Black, and racialized women in Canada launching their careers in business and STEM. The program focuses on developing social capital and career readiness skills.



# Fellows Impact

**53**

Participants accepted into the program



**91%**

Completed the program



**40%**

Heard about AHF through peer, mentor, colleague or friend



## *With representation from*

**19**

Postsecondary institutions



**3**

Provinces



## *High program satisfaction rates*

**100%**

Were satisfied with the Fellowship Circle 10-week experience



**100%**

Had a quality experience



**100%**

Found the AHF team to be responsive, helpful and welcoming



**100%**

Would like to participate in future programs or events organized and hosted by AHF



**97%**

Would recommend the Fellowship Circle program to a friend



\*5-point likert scale (% with strongly agree and agree ratings)

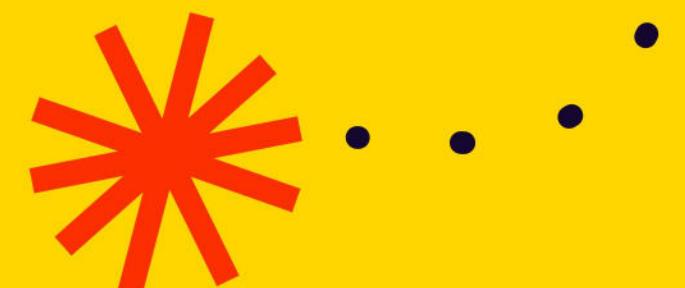
“

I am eternally grateful that I accepted the opportunity to participate in the 2024 AHF Fellowship. I noticed a huge positive difference in my mindset and confidence by the end of the program. It allowed me to improve my soft skills, and gave me the confidence to navigate the job market as a woman of colour. I felt heard and accepted for who I was and find a home away from home.

The weekly sessions were one of the highlights of my week every time. Every week I gained knowledge on how to improve various skills, develop new outlooks on all aspects of life, grow my network, and become a strong minded independent woman.

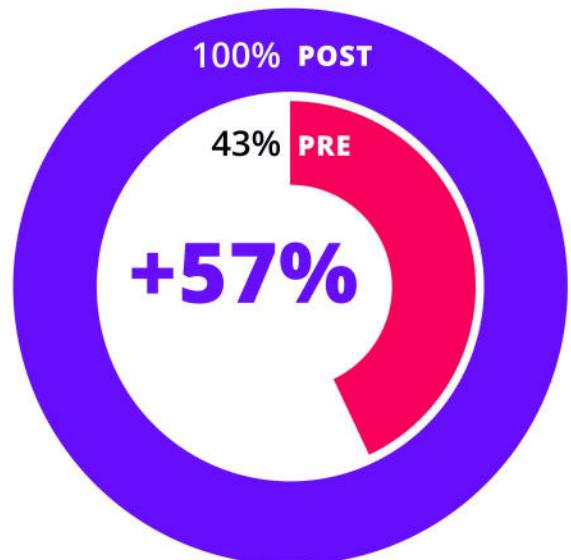
The true definition of a Mentor was demonstrated by every woman as they were all open to assisting one another while being open to learning new ways to better themselves. Participating in this Fellowship opened me up to a wide network of hard-working and strong independent women. I will never forget this community as they all taught me something important that I can carry on forever. The growth I made after this Fellowship has positively impacted my career, academic, and personal life.

**Yenuli Kongaha**  
**AHF Fellow 2024**

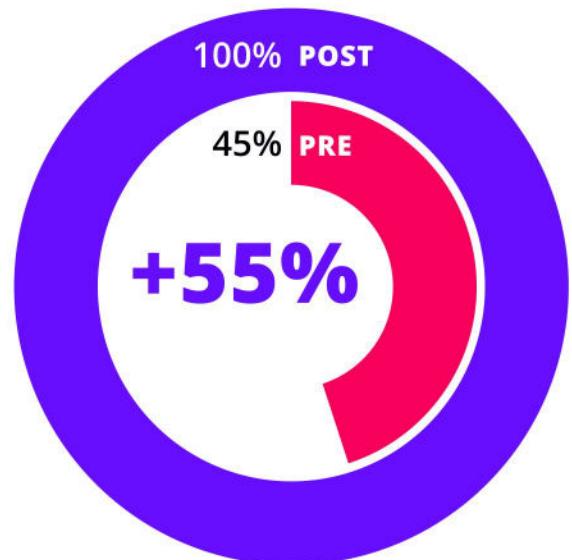


## As a result of the Fellowship Circle...

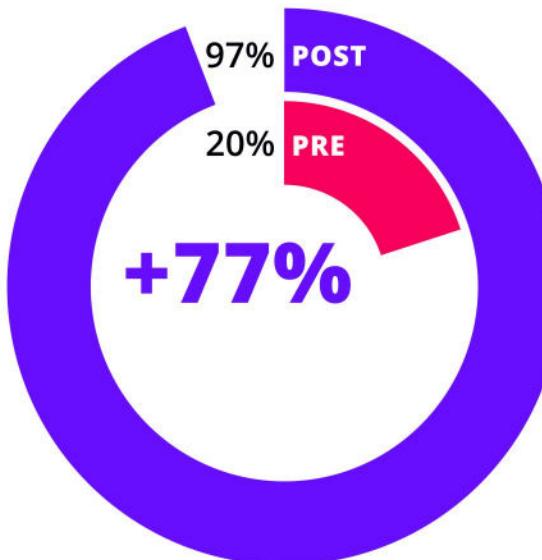
Had greater access to a supportive and inclusive community of peers and professionals where they could bring their whole selves



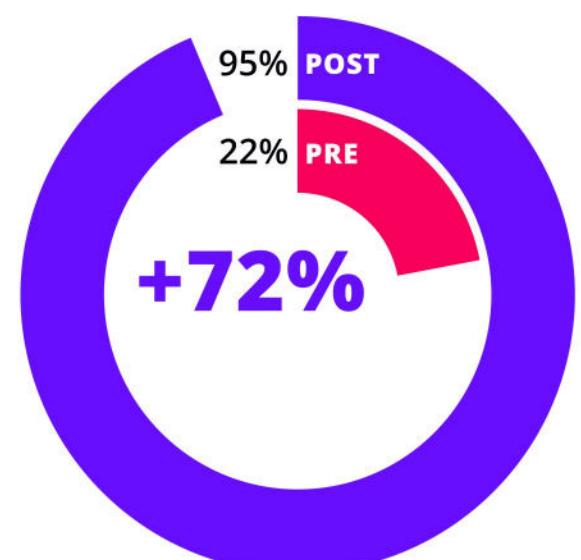
Had greater opportunities to network with other Indigenous, Black, or racialized women



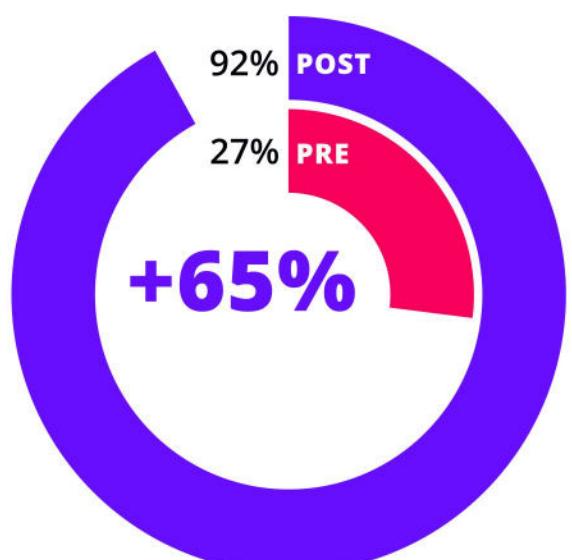
Had greater access to mentorship by other Indigenous, Black, or racialized women in the business or STEM sector



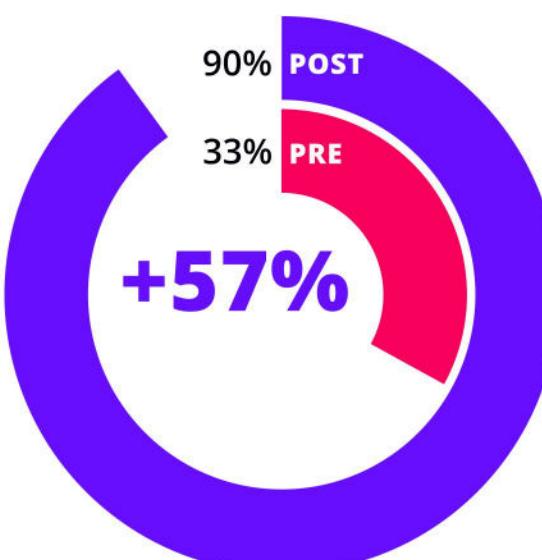
Feel more confident and equipped about navigating their career development



Had greater access to career learning opportunities tailored to their needs as a Black, Indigenous, or women of colour



Feel more confident about their networking skills



**100%**  
Connected with other  
Fellows on LinkedIn

**95%**  
Connected with  
Mentors on LinkedIn



“

Participating in the program was an enriching experience where I found invaluable guidance from mentors, and fostered interpersonal development. Connecting with like-minded women in the AHF community was inspiring, offering a supportive network that propelled my aspirations forward. Through networking opportunities, I not only expanded my knowledge but also forged meaningful connections that will continue to impact my journey positively.

**Armita Deol**  
AHF Fellow 2024

**High program satisfaction rates**

# Mentors Impact

**30** Mentors in the program



**With representation from**

**23** Organizations



**5** Provinces



**Years of Experience**



**100%**

Were satisfied with the Fellowship Circle 10-week experience



**100%**

Had a quality experience



**100%**

Found the AHF team and staff to be responsive, helpful and welcoming



**100%**

Would recommend the Fellowship Circle program to a friend

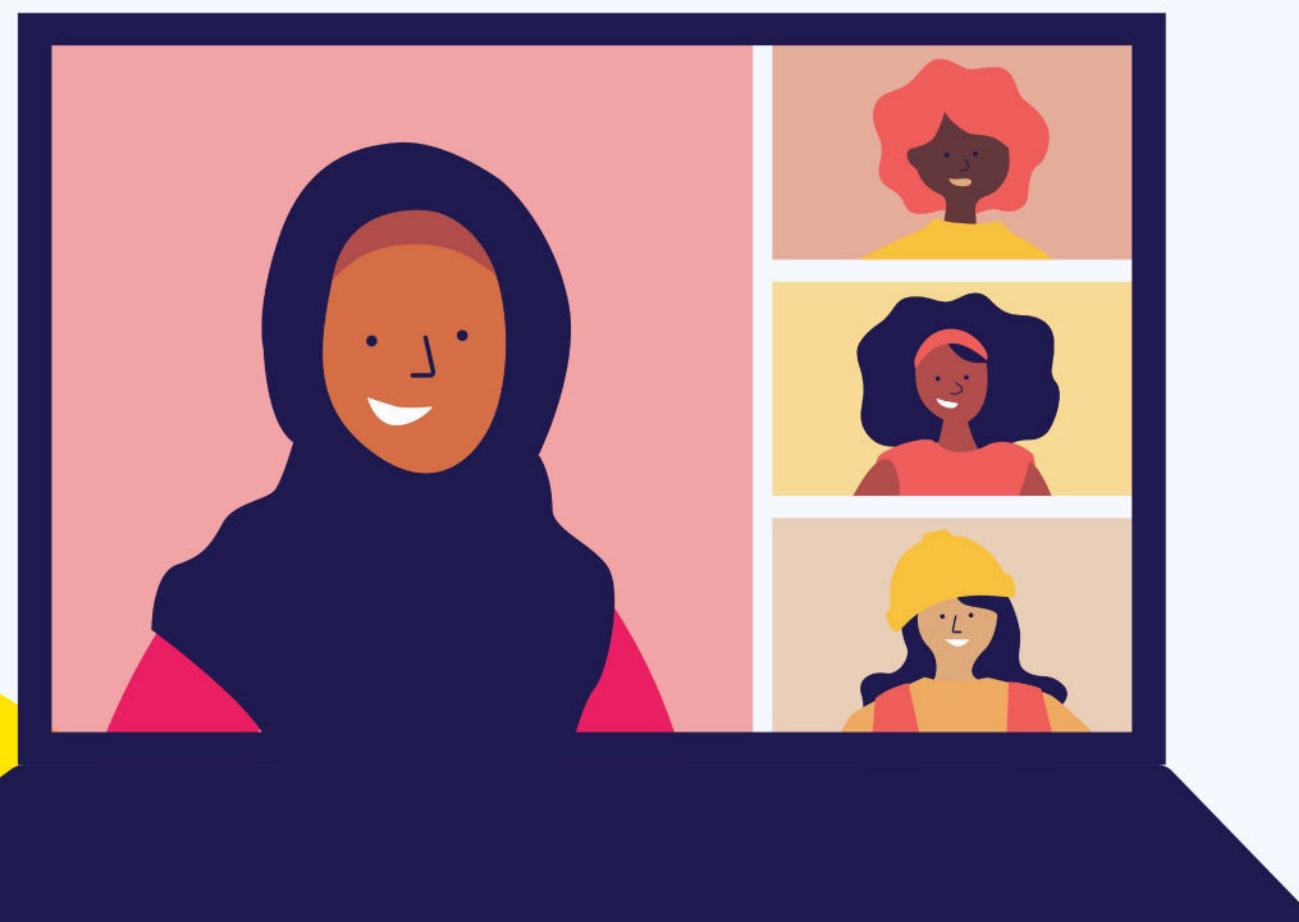


**100%**

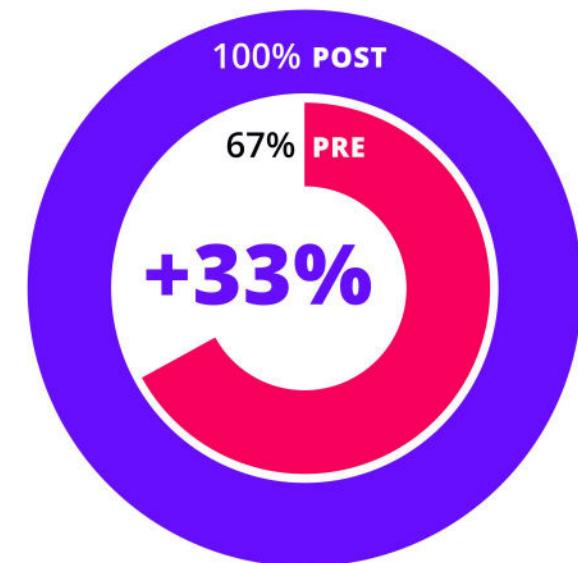
Better understand the value of reciprocal mentoring with Black, Indigenous and women of colour



\*5-point likert scale (% with strongly agree and agree ratings)



Had access to a supportive and inclusive community of peers and professionals where they could bring their whole selves



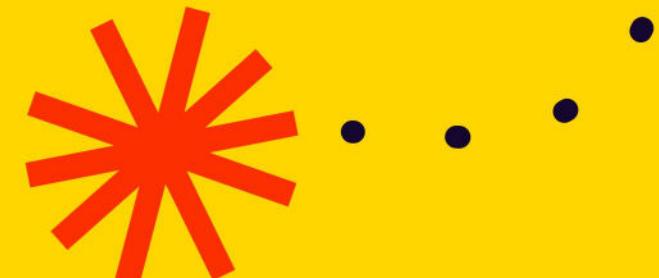
**92%**  
Connected with  
Fellows on  
LinkedIn

**96%**  
Connected with  
other Mentors on  
LinkedIn

“

The AHF Fellowship Circle is an incredible opportunity to both support and learn from fellow racialized women in how to advance and navigate the workplace. As a first time Mentor, I felt both empowered by my fellow Mentors with whom I got to share this experience, and inspired by the ambition of the Fellows that I connected with each week. I wish I had spaces like these early in my career; they are so vital for finding community in our shared experience, and in realizing that there is support out there, no matter what stage you're at in your career.

**Rosanne Leung**  
AHF Mentor 2024



“

Every individual that I connected with in the Fellowship Circle community shared their individual journey of truth, vulnerability, trust, and openly shared their lived experience and allyship.

Accelerate Her Future has created a professional, well laid out Fellowship Circle community full of professionalism, detailed preparations, impactful social media suggestions and facilitators in a culturally, safe space.

With the Fellowship Circle program running parallel to Black History Month, International Women’s Day, Women’s History Month and International Day for the Elimination of Racial Discrimination, this has deepened the commitment to inspire inclusivity and learn, share and participate fully in a program designed for Indigenous, Black, and racialized women across the country.

**Patricia A Crowe**  
AHF Mentor 2024



# **Thank you to our Fellowship Circle 2024**

## **Corporate Partners**



## **Learn more about Accelerate Her Future**



[www.accelerateherfuture.com](http://www.accelerateherfuture.com)



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